ABSTRACT

The present invention is directed to improved oral dosage forms that are significantly easier to swallow. In accordance with the present invention, the oral dosage forms are configured to have relatively greater weight and/or density to effect partial or total submergence in the liquid with which the oral dosage form is taken. In one embodiment, the oral dosage form has an active ingredient, an inactive ingredient, and a digestible substance that has a predetermined weight that effects at least partial sinking of the oral dosage form in the liquid. In a preferred embodiment, the active ingredient and inactive ingredient have a combined total weight that is substantially less than the predetermined weight of the digestible substance.